



LIFT@MUIRHOUSE

MILLENNIUM CENTRE



LIFT (Low Income Families Together) offers a “ Whole Family Approach” support service under one roof.

- Support & Advocacy for all low-income families, whether in employment, benefits or training.
- In-Work Poverty support
- Food poverty support
- Removing barriers to employment
- Homeless support & advocacy
- Homework club

Youth Work

Flexible Learning opportunities

Intense Family Support

Training opportunities

Volunteering opportunities

Play therapy for children & Families



Wwww.heldinourhearts.org.uk

JOINT WORKING WITH HELD IN OUR HEARTS

COMMUNITY RENEWAL

We support families through group support.
Individual befriender services and counselling.
We have information grandparents and dads support too.
Our number is 01316226263 info@heldinourhearts.org.uk

LIFT(Low income families together) is a community led support and advocacy service, offering a key working, family focussed support service model.

Please contact Danielle.lift@outlook.com or Heather.lift@outlook.com for more information or to make a referral. 0131 467 3578

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